

Testimonial: RSD and Fibromyalgia, knee replacement.

I came to Sylla the first time in July of 2007 and had only one treatment. I don't think I was ready and did not return. My daughter had had SET work and listening to her describe it, I was unsure if I could go through with it. SET work sounded like it was painful and I had had enough pain I didn't need more. She kept telling me to go try it. I think I was definitely scared of the unknown. I have had Reflex Sympathetic Dystrophy (RSD) since 1994, had a right knee replacement in 1994 (after 4 other surgeries on that knee) and have fibromyalgia since 2006. I unfortunately know what pain is.

I went to my rheumatologist's office every week to get deep tissue massage, for two years. I did get relief for several days afterward, but then my pain would come right back. Then, the massages started not to work at all and one day I thought that I would jump off the roof, the pain was so bad. My daughter happened to call me that day and heard the anguish in my voice. She begged me "Go see Sylla". Well I called Sylla that day, and have been with her now for 2 years.

This is the BEST THING THAT HAPPENED TO ME. I have much less pain, more range of motion, I literally danced at my son's wedding last year, (something I would have never been able to do without SET) did a triathlon over 6 weeks at the YMCA, and was able to stand up after cooking Thanksgiving dinner and not collapse from pain. I am a completely different person thanks to Sylla and to SET. She is my angel☺.

Life is much sweeter than it was, even though I still have some pain, but it is so so much better due to the SET therapy. A BIG THANK YOU TO WHO EVER DEVELOPED THIS!